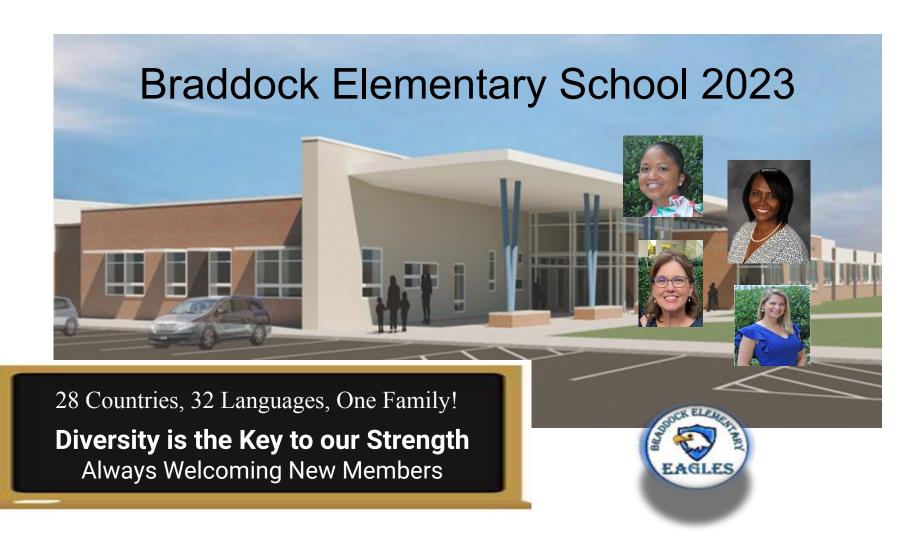


### **Braddock Elementary School 2023**







# Portrait of a Graduate

at Braddock Elementary School



Fairfax County
PUBLIC SCHOOLS

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### What is Portrait of a Graduate?

In 2014, FCPS adopted the Portrait of a Graduate (POG) to answer this question:

What are the skills necessary for success for all children in this rapidly changing, increasingly diverse, and interconnected world?



### What is Portrait of a Graduate?

Portrait of a Graduate prioritizes the development of skills that will empower students to be productive citizens of a global community and successful in the workforce of the future.

**Example video** 



### Who do we want our students to be?

Portrait of a Graduate is made up of five main attributes that are broken down into specific skills that all of us use every day.

#### **Example Video**



Communicator



Collaborator



Ethical & Global Citizen



Creative & Critical Thinker



Goal-Directed & Resilient Individual



# What does a Portrait of a Graduate look like at Braddock?

This year, our class will develop the *communicator = I* speak, so others can understand me, Collaborate = I respectfully listen to the ideas of others, Critical thinking = I can say why I think an idea is a good one. In the following video, you will see this three attribute in action.





# Family Engagement

How can you support Portrait of a Graduate outside of school?





# Family Engagement

How can you support development of Portrait of a Graduate skills outside of school?

Share examples of how you were a (collaborator, communicator, etc.) during your day or within your job. Provide specific examples and explain how using these skills helped you.

For example, I was a collaborator at work today when I \_\_\_\_\_. This was helpful because \_\_\_\_\_.



# Family Engagement

How can you support development of Portrait of a Graduate skills outside of school?

Instead of asking "What did you do in school today?", consider asking one of the following questions:

What connections did you make to what you read or heard today?

When did you create a new solution to solve a problem?



### In Their Words

#### FCPS Students Describe Portrait of a Graduate





### Reflection

How can Portrait of a Graduate skill prepare our students for success in our rapidly changing, increasingly diverse, and interconnected world?

What can you do at home or in your community to support this goal?

# **Digital Citizenship**

at Braddock ES



Fairfax County PUBLIC SCHOOLS

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## Laptop Care at Home

- Keep FCPS device in laptop case when not in use or when carrying it.
- Keep FCPS device in a safe location when not in use.
- Make sure the device stays away from pets
- Keep the device away from food and drinks
- Keep sharp or heavy objects away from the screen
- Remove all items from the keyboard before closing the screen
- If taking the FCPS device outside of the house, students should keep it with them at all times (bus, walking to school)



## Who should use your child's FCPS device?

- Only the student the device is checked out to should use that device
- Siblings should not use an FCPS device that is not checked out to them
- Classmates at school should not borrow another student's device





# How should students use their FCPS device?

- Students should only use their device when a teacher gives them an assignment.
- Students must stay on task while working on their assignment.









# What should student do on their FCPS device at home?

- Students should only use their device for instructional purposes.
- They may not be using their FCPS device for recreation purposes like watching YouTube.
- Students can complete assignments on Schoology.
- Students can go on Lexia, iReady, ST Math, or other digital resources listed on our BES Student Resources page.







Young Kids & Screens: Healthy Development in the Digital Age

# Finding Balance with Media and Tech Use at Home





# Finding Balance with Media and Tech Use at Home

#### In this workshop, we'll reflect on:

- The activities my child engages in every week, and how much media and technology they consume.
- How might I replace media/tech time, when possible, with other learning activities?
- How can I use media and technology to enhance activities that promote learning and development?



# What is media?



### Ideal MEALS of Media and Tech

#### Every family has a delicious recipe!







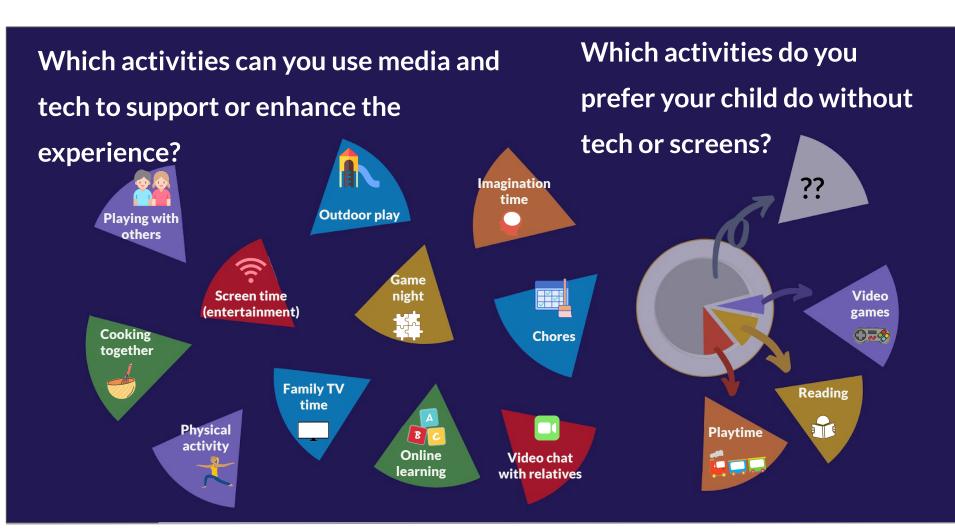


# What are the various activities you want your child to engage in every week?











# Screen time Quality media





### Healthy **MEALS** of media





Set a good example! Your kids will learn from watching your actions.

# E

**Engage** 



Have conversations about the content they watch. Use media to make connections to real life.

# A

Adjust



Not all screen time is the same.
Choose appropriate, high-quality content.

# Limit



Set healthy rules and expectations for your home.

#### **S** Support

Support



Support each other! Be patient, even on days when rules go out the door!



What are some ways we can model the healthy use of media and tech at home?



### Model

Set a good example! Your kids will learn from watching your actions.









What are some ways to engage with your child while and after using media and tech?



### Engage

**Have conversations** about the content they watch. Use media to make connections to real life.









What are some ways we can adjust the media we choose and when/where we use it?



### Adjust

Not all screen time is the same. Choose appropriate, high-quality content.









What are some
limits and
expectations we
can establish
at home regarding
the use of media
and tech?

Limit

Set healthy rules and expectations for your home.









How else can we support our family and our community?

S

Support

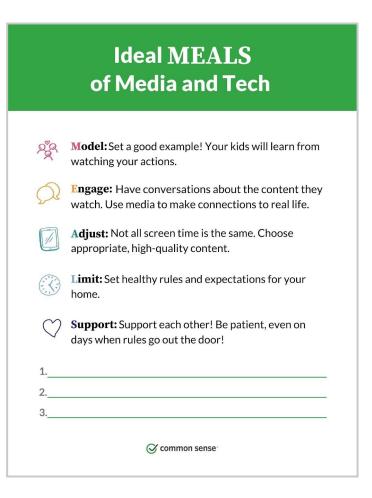
Support each other! Be patient, even on days when rules go out the door!







What three things will you practice at home with your kids, based on what you learned today?







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